

## PHYSICAL EDUCATION MINOR

**Director: Julie Church**

Physical education is the study of the effects of physical activity on mental and physical health. Coursework in the minor covers current research as well as practical application.

**Program:** Physical Education

### SUMMARY OF REQUIREMENTS FOR A MINOR IN PHYSICAL EDUCATION

Item #	Title	Credits
PED 201	Health and Wellness	3
PED 207	First Aid and Care of Athletic Injuries	3
PED 301	History and Principles	3
PED 302	Kinesiology	3
	PED Elective	3
PED 309	Motor Learning	3
	<b>Sub-Total Credits</b>	<b>18</b>
	Total credits for degree:	18